Cleaning Instructions
for contact lens wearers

Follow these guidelines to keep your contact lenses comfortable and to avoid eye infection.

Clean HABITS

Wash hands before handling lenses
Dry hands with a clean towel
Keep space clean

Clean LENSES

Rub lenses with fresh solution
Rinse lenses with fresh solution
Use fresh solution to store lenses

Clean CASE

Rub and rinse with solution
Dry with tissue
Air dry open-side-down for 6 hours

For more resources like these, visit contactlensupdate.com