UNEXPECTED ALL-NIGHTER?
Don’t be casual with your contact lenses

IT’S LATE, YOU’RE TIRED, AND YOU’RE NOT GOING TO MAKE IT HOME FOR BED.

SO TIRED … MUST … SLEEP …

AND THEN IT HITS YOU:

MY CONTACT LENSES!!

No lens care? No option:
Throw them out.

THE COST OF A PAIR OF CONTACT LENSES IS MINIMAL COMPARED TO THE RISK OF LOSING MY EYESIGHT!

Do keep a spare pair of lenses with you. Slip them into your pocket, wallet or purse so that you’re always ready for adventure!

Don’t store or clean your contact lenses in anything but lens care solution. Water and other non-sterile liquids contain microorganisms that can cause serious eye infections.

Don’t sleep in contact lenses. Unless they have been prescribed for overnight wear by your eye doctor. Sleeping or napping in contact lenses increases your risk of infection.

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